

iHealth Account Set Up

Before getting started with this guide, please know that the following are required to be able to set up your iHealth device(s) with ChronicCareIQ:

- Smartphone
- iHealth Device
- CCIQ Account

Download the Free iHealth App - iPhone and iPad Users

Search for iHealth in the App Store and install the app.



Download the Free iHealth App - Android Users

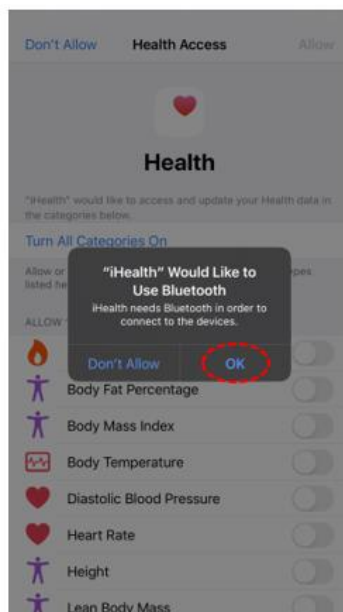
Search for iHealth in the Google Play Store and install the app.



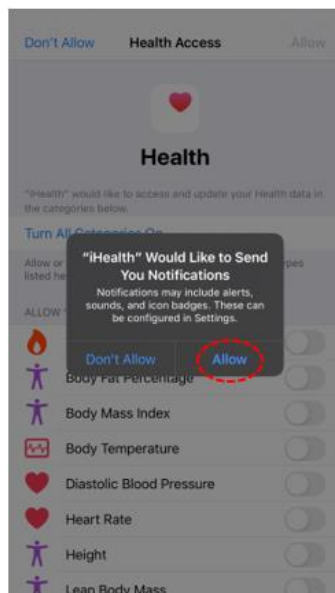
Setting up your iHealth Account

Now that you have the iHealth app installed on your smartphone, you're ready to create your account!

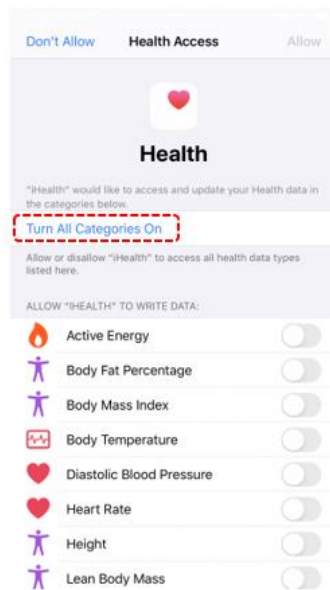
1. Launch the app
2. Upon opening the app, you will be prompted to use Bluetooth. Please note, you **MUST** allow Bluetooth to use iHealth devices. Click **Ok**.



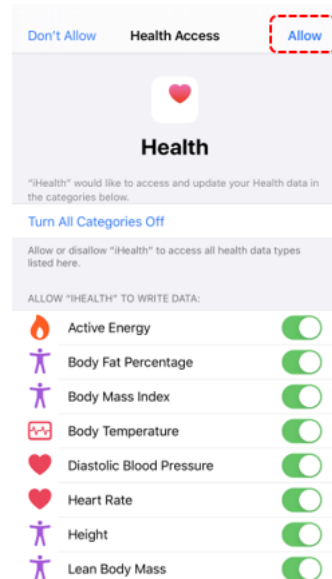
3. Next, you will be prompted to allow Notifications. Click **Allow**



4. For your iHealth device to track your vitals, you will need to give the app permission. We recommended clicking **Turn All Categories On**



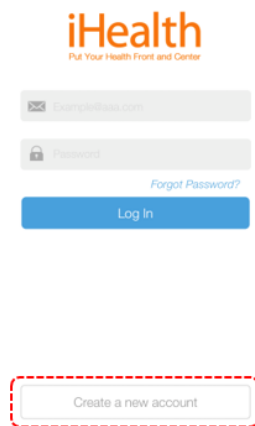
5. Once you have selected what data the iHealth app may access, click **Allow**



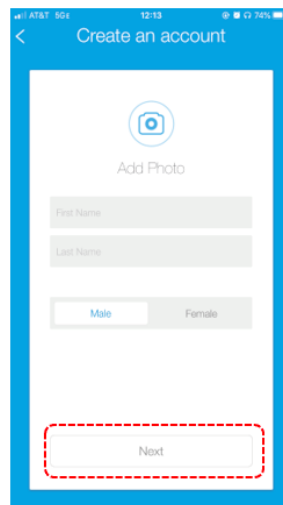
6. Swipe right two times until you are shown the following screen.
7. Click **Start your healthy journey**



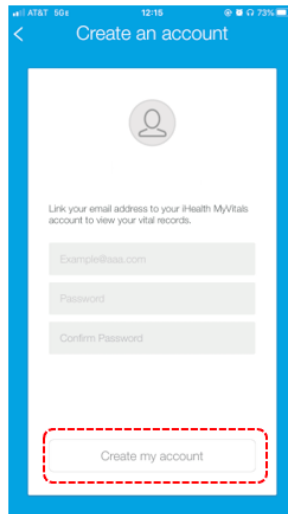
6. Next, you will need to create your iHealth account by clicking **Create a new account**



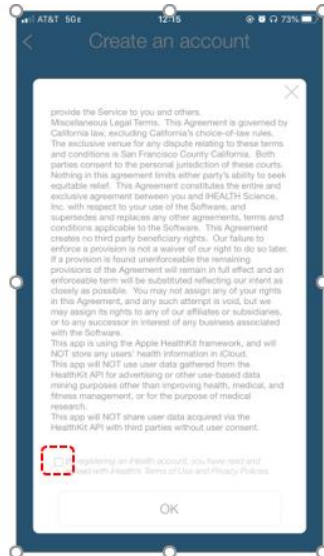
7. Input your First Name and Last Name
8. Select your gender.
9. Click **Next**



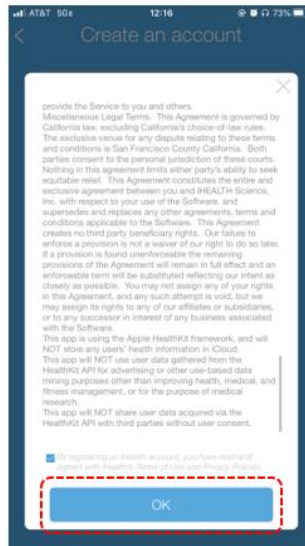
10. Input your birthdate, height, weight, and region.
11. Click **Next**
12. Finally, input your email address, and your desired password twice. *We Recommend writing your password down somewhere for safe keeping
13. Click **Create my account**



14. You will now be shown the Terms and Agreement for using the iHealth app. Read to the bottom of the screen and then click the box labeled, **"By registering an iHealth account, you have read and agreed with iHealth's Terms of Use and Privacy Policies."**



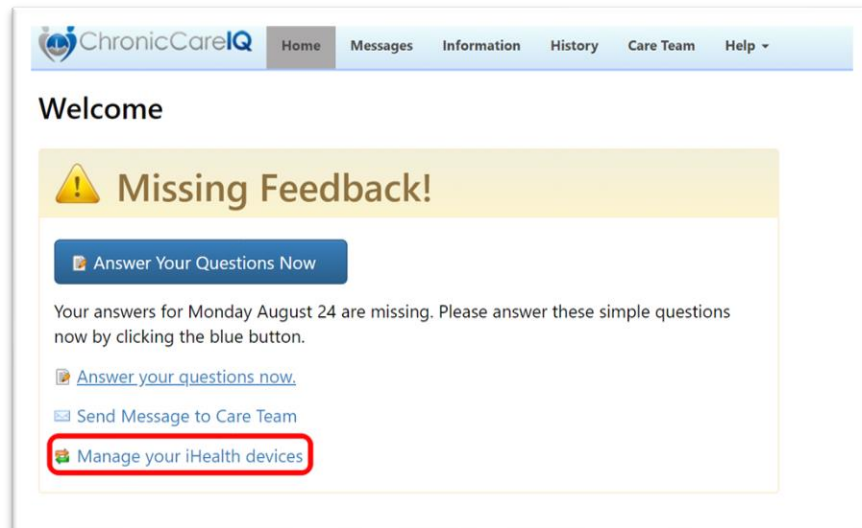
14. Upon agreeing to the terms, you will be able to click OK



Linking your iHealth Devices with your ChronicCareIQ account

Now that you have created your iHealth account, you will need to link your iHealth devices to your ChronicCareIQ account.

1. Sign into ChronicCareIQ
2. Answer your questions if you haven't already, then click **Link your iHealth devices**

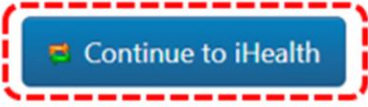


3. Click **Continue to iHealth**

Link iHealth Device

To link your iHealth device with your ChronicCareIQ account, follow these steps

1. Linking your iHealth devices will share your data with your care team.
2. After pressing the Continue button, you will be asked by iHealth to enter your user-name and password.
3. iHealth will ask for your permission to share with ChronicCareIQ. Please accept.

 Continue to iHealth

4. You will be taken to the iHealth Sign In page.