

Comprehensive Care Plan

Patient Name George Robertstern

Date of Birth 6/13/1975

Date Care Plan Initiated 4/30/2025

Care Team

- Case Manager: Foster, Nadine N RN
- Secondary Case Manager: GibsonBHI, Edgar LPC
- Monitoring Provider: Collins, Thomas C MD
- Referring Provider: Alexander, Frank

Problems

- I11.9 - Hypertensive heart disease without heart failure
- F06.4 - Anxiety (nervousness)
- I10 - Hypertension (High Blood Pressure)

Goals

Blood Pressure

Desired

Blood Pressure readings should be lesser than or equal to 130 / 70

Pulse (Upper Bounds)

Desired

Pulse readings should be lesser than or equal to 100

Warning

Pulse readings greater than or equal to 100 will trigger a warning.

Medical Alert

Pulse readings greater than or equal to 130 will trigger an alert.

Pulse (Lower Bounds)

Desired

Pulse readings should be greater than or equal to 60

Medical Alert

Pulse readings lesser than or equal to 50 will trigger an alert.

Allergies

NKDA

Criticality Unspecified

Onset Date 4/30/2025

Medications

alprazolam 0.5 mg

Directions half tablet once daily only as needed for nerves

lansoprazole 15mg

Directions 1 capsule daily

Start Date 3/27/2024

Lisinopril 20 mg

Directions 1 tablet every morning

Start Date 4/12/2023

Standardized SDOH Screening

Food Worry

No - I have not worried

Food Supply

Yes - my food supply lasted

Housing Accessibility

Yes - I have housing

Housing Confidence

No - I do not worry about losing housing

Utilities Access

Yes - I have been unable to get utilities

Transportation Access

No - I have the transportation I need

Interpersonal Safety - Living Situation

Yes - I feel safe where I live

Interpersonal Safety - Physical

No - I have not been physically hurt

Interpersonal Safety - Partner

No - I have not been abused by a partner

Comprehensive Care Plan Assessment

Annual Wellness Visit

12/11/2024

Daily Activity Assessment

Widower. Patient performs daily activities with use of a cane for stabilization. Is able to maneuver in one story household with minimal assistance. Patient hobbies include model trains and weekly Bible study.

History of Surgeries

Appendectomy - in his "30's" - date unknown

Vaccination History

Annual Flu Shot

Pneumonia

Tetanus

Shingles

Cancer Screening History

Colon cancer

Current employment status

Retired

Current Housing Situation

Lives alone in a home (house, apartment, condo, trailer, etc.); may have a pet

Smoking Exposure

Non-smoker

Signature

Sincerely,

Morgan, Martin M MD

Electronically signed by the MARTIN M MORGAN at 4/30/2025 12:44 PM